

#FIRSTGEN
COLLEGE
GRAD

UC Irvine

VIRTUAL LEARNING SUCCESS FOR FIRST-GENERATION STUDENTS

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TRANSITIONING INTO THE VIRTUAL SPACE

During UC Irvine's transition to remote learning for Spring 2020, we want to take the time to acknowledge that we are entering an unexpected learning environment. However, we want to emphasize that Student Success Initiatives will be helping you navigate through this time. As a first-generation student, your resilience and adaptability are key to navigating these uncertain times, and we want to reassure you that the Student Success Initiatives is committed to your success. For many of you, this may be your first time learning remotely. We hope this guide can help set you up for success and help answer any remaining questions you might have! If you have additional questions or would like to process this information with someone, please do not hesitate to reach out to us. [WE ARE ALL HERE FOR YOU!](#)

TIPS FOR VIRTUAL SUCCESS

STAYING ORGANIZED

- **CREATE A SOLID SCHEDULE.** Include mandatory class times, build in blocks of study time, and set aside time for yourself as well!
- **BE MINDFUL OF YOUR TIME.** When is the best time for you to be productive? This could look like getting up early before everyone else in your living space gets up.
- **SET DAILY STUDY GOALS.** Be realistic with how much you can accomplish in a day and prioritize upcoming assignments/tests.

STAYING CONNECTED

- **SET-UP VIRTUAL STUDY GROUPS.** Virtual study groups with classmates can help keep you accountable.
- **FRIENDS** Set times to meet up virtually with friends. Adding them to your daily schedule helps create a rhythm in your life that includes social connection!
- **VIRTUAL PROGRAMMING.** Campus offices are offering virtual programs/workshops. Use these opportunities to stay connected with the campus community.
- **CONNECT WITH FACULTY.** Attend virtual office hours and reach out if you're having difficulties.
- **YOURSELF.** Take time to consider how you feel and how your needs have changed. You might need more sleep, different types of meals, or even just set time away from screens to regroup.

LEARNING IN YOUR HOME ENVIRONMENT

- **SHARE YOUR SCHEDULE WITH OTHERS.** Let them know the times you have class, group meetings, study time, etc.
- **SET COMMUNICATION RULES.** A good example of a rule is sharing with others that headphones in means do not disturb!
- **SET UP A GOOD WORK ENVIRONMENT.** Creating a clean work space can help mentally prepare yourself for productivity.
- **LIMIT DISTRACTIONS.** Consider turning off your cellphone or closing unrelated browser tabs during class/study time.



CAMPUS RESOURCES

CLICK ON LINKS BELOW

GENERAL COVID-19
INFORMATION

[UCI LATEST UPDATES ON COVID-19
CORONAVIRUS MESSAGES](#)

PREPARING TO
LEARN REMOTELY

[UCI LEARN ANYWHERE
STUDENT LAPTOP LOAN PROGRAM](#)

HEALTH & WELLNESS

[HEALTH & WELLNESS RESOURCES
PRACTICE MINDFULNESS](#)

FINANCIAL AID

[FINANCIAL AID NEWS & WEBSITE
FAMILY BUDGET REPORT](#)

SPRING 2020
GRADING POLICIES

[SPRING 2020 GRADING POLICIES](#)

CAREER READINESS

[VIRTUAL TOOLS & RESOURCES](#)

RESOURCES

[MORE STUDENT RESOURCES](#)